

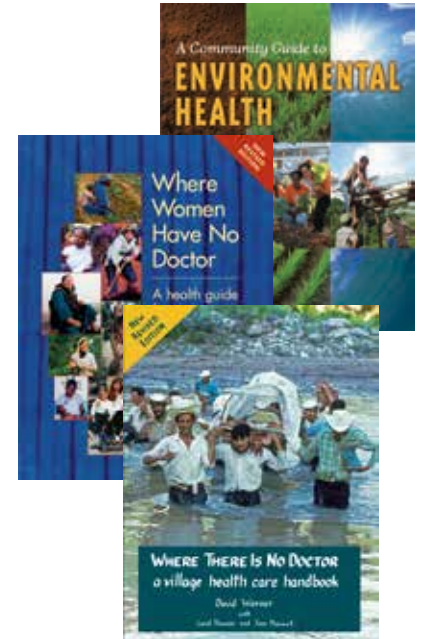
You are about to deliver a life-changing gift.

Here are some tips to help you share *Where There is No Doctor*, *Where Women Have No Doctor*, *A Community Guide to Environmental Health*, or other Hesperian books you bring on your travels.

On the following page you will find a guide to make navigating the new books easier for whoever you give them to on your travels. Also available in Spanish.

Excitement is contagious!

The more familiar you are with these resources, the more you will inspire others to use them. Take some time to look the book over. For example, with *Where There is No Doctor*, start with the "Introduction," check the "How to Use" page on the inside cover, then page through to see how the drawings and text communicate both medical and community aspects of health care. When you deliver the book, you can point out the medicine pages, Table of Contents and any topics that might be of most interest to the recipients.



Help Hesperian learn more about where the books go and how they are used.

Tell us where you brought books and the community role(s) of those receiving them. Send feedback to hesperian@hesperian.org. Let recipients know we would love to hear from them in a few months (in their language is fine). How are they using the book(s) and what are their comments?



Before your travel, get to know our website.

Visit [Hesperian.org](http://hesperian.org) -- <http://hesperian.org> and the Hesperian [HealthWiki](http://en.hesperian.org) -- <http://en.hesperian.org> to see all the health books and resources that are available, often in multiple languages. Then, where people have internet access, show them Hesperian's free digital materials on a computer or mobile phone. Bringing books to communities is often the most useful, however; encourage others you know to give Hesperian books as gifts or use them in their own work. Health is every person's right!



Give to our Gratis Book Program.

The Gratis Book Program is a donor-supported fund to ship Hesperian books to health workers around the world who cannot afford them. Gratis Books is run entirely by volunteers.

Thank you!

Hesperian Health Guides is a non-profit publisher of health information that helps people take action to support good health. Developed in collaboration with community health workers, our books help communities treat illness and also address the social injustices that cause poor health.